MISSOURI DEPARTMENT OF MENTAL HEALTH (DMH) COMPREHENSIVE PSYCHIATRIC SERVICES (CPS) STATE ADVISORY COUNCIL (SAC) MEETING MINUTES

June 22, 2006 Jefferson City, Missouri

Members Present: Donna Lay, Robert Qualls, Janet Munsterman, Geody Frazier, Julie Ousley, Suzanne Taggart, Linda Clarke, John Harper

Members Absent: Helen Minth, Vivian Russell, Karren Jones, Karia Basta, Susan Pijut, Sarah Stanton, Mariann Atwell, Ethel Wesson, Erica Stephens

Visitors: Jean Campbell, Ph.D.

DMH Staff: Brooke Dawson, Rita McElhany, Julie Carel, Tony Menditto

SAC Staff: Rosie Anderson-Harper, Sue Kremer

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
CALL TO ORDER	Donna Lay called the meeting of the CPS, SAC to order at 10:00 a.m. on Thursday, June 22, 2006. The meeting was held at DMH, Conference Room B, 1706 East Elm Street, Jefferson City, Missouri.	
INTRODUCTIONS	Welcome and introductions were facilitated by Donna Lay. Rosie Anderson-Harper went over the contents of the SAC packet.	
CONSUMER OPERATED SERVICES	Jean Campbell, Ph.D., Principle Investigator at the Missouri Institute of Mental Health was invited to speak regarding the findings of a large multi-site study of Consumer-Operated Services.	

She prepared a slide presentation which was distributed and shared with the SAC. (Attached)

Diane McFarland had been in Washington DC when Dr. Campbell was presenting her study on Consumer-Operated Services (COS). She asked that Dr. Campbell take what we have learned in the study; apply the science in the field to the programs in Missouri.

The current consumer-operated programs in Missouri include:

- 1. drop-in centers
- 2. warm lines
- 3. education/advocacy
- 4. DBSA mutual support groups

This was the largest study of consumer programs ever done. There were 1827 enrolled and SAMHSA committed over \$20 million to do this study. The experiment was a review of consumer plus traditional programs. One of the goals of this study was to look at the programs, common ingredients, supplying FACIT (Fidelity Assessment Common Ingredient Tool), and being able to build continuous quality improvement for each of the programs to improve their scores. It empowers each of the COS programs to look at themselves and be involved in improving their outcomes. The study did conclude that adding COS to traditional services adds to well-being.

One of the outcomes is strengthening belief in programs by adopting EBP (evidence based practices) and funding the tool kit.

Dr. Campbell and others will be consulting with the various sites to:

- Develop program
- Define outcomes
- Look at training for EBP

Dr. Campbell will be working several days a month in Central Office with a large

percentage of her time in helping to translate this study. Her second main task is that of transformation – consumer and family driven services (networking).

Drop-in Centers have all come up for bid. All those that have been funded will be visited to apply the research.

BLOCK GRANT

Donna Lay reported that she and Rosie had attended a week long conference in Washington, DC put on by SAMHSA regarding the Block Grant. They met with planning council members from the other 50 states as well as the Virgin Island and other locations.

Rosie reported consultants from SAMHSA were present on-site last week for a three day review. They were very impressed with the planning members and paid a special compliment to both Robert and Karen. They reported that all requirements for the block grant are being met and emphasized Procovery as one of the strengths.

LOGIC MODEL (Attached)

The logic model prepared by Robyn Boustead at Diane's request was distributed to the group. This model explains what is needed to push our system toward transformation.

MENTAL HEALTH COMMISSION

Training and Human Resource Needs Assessment

One of the topics of discussion at the last Mental Health Commission meeting was that of a needs assessment done to determine what type of staff training is needed. This was accomplished through interviews of DMH leadership, focus groups and through an on-line survey.

A one-page summary entitled "Training and Human Resource Development Needs Assessment" was distributed to the SAC. This broke down the list of the top five training and development needs among DMH employees and providers.

One of the top needs identified was training on co-occurring disorders. A Co-Occurring State Infrastructure Grant RFP is going out for co-occurring services and is looking for three CPS and three ADA sites to implement specialized treatment. The Mental Health Foundation is funding some grants for co-occurring treatment and certification standard changes are being explored. Evidence-based practice toolkits are downloadable from SAMSHA website www.samhsa.gov A copy of the co-occurring toolkit was passed around for review to those present.

Revisiting the Dream

This handout, prepared by the Office of Services to Deaf and Hard of Hearing People, was included in the meeting packet. It contains the Guiding Principles and DMH Vision, Mission and Values for the Services to Deaf People.

Network of Care

A statewide Network of Care launch took place on June 15th, but local launches are also planned. The website is http://missouri.networkofcare.org. Any changes to the existing network of care site can be made by contacting Trilogy through the "feedback" link on the website. The administrative agent training has taken place but there is still the need for training of the consumers.

COMMITTEE REPORTS

Committee Report

<u>Donna Lay</u> reported on the consumer based monitoring committee. A timeline is being developed. The proposal is for each region to have four people trained (2 consumers and 2 family members). Susan Blume is drafting a job description for review by the SAC.

Rosie stated that the timelines being proposed are:

July 10, 2006 – job description draft

August 1, 2006 – begin recruiting (6-8 weeks would be allowed for applications with letter of intent)

October 1, 2006 – closing date for applications to be submitted

October or November, 2006 – interviews with applicants

December, 2006 - Selection process completed

January, 2007 – begin training

February, 2007 – begin certification visits

Supported Community Living staff would be a part of the training and supervision. Contracts can be for one year but could be renewed annually.

MEMBER REPORTS AND ANNOUNCEMENTS

Janet Munsterman

- CIMOR implementation was postponed until October 1st. Training for community providers has been completed. Between now and October 1 they will test the batching process. The administrative agents will get some technical assistance on change aspects and billing. This will probably be done by Central Office.
- Participated in CIMOR EMT (Event Management and Tracking) training.
 This will replace iiTS (Incident and Investigation Tracking System)
- Procovery circle was started at an RCF in Springfield

Geody Frazier

- Procovery circle has begun at the Clubhouse.
- His thanks to everyone who has helped him make this an educational experience.

Julie Ousley

- Expressed her appreciation of the Spring Institute and felt it was very helpful to her.
- The governor has not signed the Department of Social Services' budget.
 However the following are included and contingent upon signing. Budget includes appropriation to reinstate some adult services: eyeglasses, wheel chair accessories and batteries, and physician rate increase (60%)

of Medicare)

- The SCHIP (State Children's Health Insurance Program) has been redefined. SCHIP affordability redefined-estimated that 5400 kids will regain eligibility, premium methodology revised to make more affordable.
- Expressed her interest in CIMOR and how it would work. This will be helpful to her and her DMS staff.

Suzanne Taggart

- She is glad to hear the Governor is giving back insurance coverage to kids. They are seeing kids coming back to mental health treatment.
- Expressed some concern after hearing about privatization of acute care facilities. She presently works on a frequent basis and very well with Mid-Missouri Mental Health Center and does not see this happening in a private clinic.
- Patsy Carter recently conducted training for CAFAS (Child and Adolescent Functional Assessment Scale), a new standardized children's assessment. Pathways is adopting this new assessment.
- Bob Whittet and Suzanne presented QPR for Suicide Prevention.

DIRECTOR'S REPORT

Diane McFarland joined the council meeting by phone to give her report.

Diane reported upcoming leadership changes at the Department of Mental Health.

Ron Dittemore, Ed.D., will become the interim Department Director effective July 1, 2006. Dr. Dittemore was formerly the COO of both Woodson Children's Psychiatric Hospital and Northwest Missouri Psychiatric Rehabilitation Center. A national search will be conducted for a permanent director. The Governor is trying to hire a new director by December.

Bernie Simons begins next week as the Director of the Division of Mental Retardation/Developmental Disabilities.

She addressed the group regarding the public hearings presently taking place throughout the state in response to the abuse and neglect that has been reported by the media. The focus of these hearings is the MRDD facilities and services. The Commission has summarized the public hearings with actions they will take as well as recommendations for the Department.

The Governor has appointed a task force of members from DHSS (Department of Health and Senior Services, DMH, DSS (Department of Social Services) and DPS (Department of Public Services). This task force, being led by the Lieutenant Governor, will look into how investigations are done and police follow-up when there is abuse and neglect across the departments.

Acute Psychiatric Care

Diane reported that at the last Mental Health Commission meeting they were asked to look at the potential to privatize acute care in CPS.

The acute care facilities were brought in to evaluate how this would work. The acute care facilities which would be involved would include Metropolitan St. Louis Psychiatric Center in St. Louis, Mid-Missouri Mental Health Center in Columbia, Western Missouri Mental Health Center in Kansas City, and the acute care portion of Southeast Missouri Mental Health Center in Farmington.

It is anticipated it will take six months to one year of evaluation to get a feel of how this will or will not work. A preliminary study indicated we could maintain indigent care and money to expand services (community based alternative, diversion and aftercare option).

Diane reported she would keep the council informed of these developments at future meetings.

NEW BUSINESS

There is a need to recruit new members to the CPS SAC. Joann Fulton is resigning and Betty Taylor has already resigned. At least three additional

AGENDA FOR NEXT SAC MEETING	consumers/family members need to be recruited. Agenda Items for July meeting: Invite Ron Dittemore and Bernie Simons Efforts on Transformation	The next meeting will be July 27 in Central Office.
ADJOURN	The full council meeting adjourned at 2:15 p.m.	